

# grocery list

## Produce

- ☐ Fresh garlic
- ☐ Red + white onion
- ☐ Mushrooms.
- ☐ Fresh parsley
- ☐ Fresh thyme
- ☐ Lemons
- ☐ Lettuce
- ☐ Cucumber
- ☐ Cherry Tomatoes
- ☐ Fresh basil
- ☐ Fresh mint
- ☐ Fresh dill
- ☐
- ☐
- ☐
- ☐
- ☐

## Protein

- ☐ Ground lamb/lamb mince
- ☐ Chicken breasts x 2
- ☐ Steak
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

## Pantry

- ☐ Salt and Black Pepper
- ☐ Arborio rice
- ☐ Chicken stock/broth
- ☐ Truffle oil (optional)
- ☐ Flour
- ☐ Panko breadcrumbs
- ☐ Mayonnaise
- ☐ Red wine vinegar
- ☐ Oregano
- ☐ Pickled jalapeños
- ☐ Chilli flakes
- ☐ Pasta
- ☐ Taco seasoning
- ☐ Tomato puree
- ☐ Beef stock
- ☐
- ☐

## Bakery

- ☐ Wraps/tortillas
- ☐
- ☐
- ☐
- ☐

## Dairy

- ☐ Parmesan cheese
- ☐ Butter
- ☐ Heavy cream
- ☐ Greek yogurt
- ☐ Cheese for quesadillas

## Freezer

- ☐
- ☐
- ☐
- ☐
- ☐

## Other

- ☐ Dry white wine
- ☐ Eggs
- ☐
- ☐