

# grocery list

## Produce

- Fresh garlic
- Red + white onion
- Lemons + limes
- Cabbage
- Avocado
- Fresh Cilantro/coriander
- Carrots
- Celery
- Fresh thyme
- Fresh parsley
- Lettuce
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## Protein

- Shrimp/prawns
- Ground beef/beef mince
- Ground pork/pork mince
- Salmon Fillets
- Chicken Breasts
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## Pantry

- Salt and Black Pepper
- Chipotle in adobo sauce
- Taco seasoning
- Bay leaves
- Crushed tomatoes
- Beef stock
- Long pasta
- Tortillas
- Garlic powder
- Dried oregano
- Sliced pickles
- Paprika
- Rosemary
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## Bakery

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## Dairy

- Sour cream
- Heavy/whipping cream
- Butter
- Sliced Cheese
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## Pantry Continued

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## Other

- Dry white wine
- Burger sauce
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