

# grocery list

## Produce

- Fresh garlic
- Red + white onion
- Lemons + limes
- Fresh chillies
- Fresh jalapeño
- Spring onion/green onion
- Fresh thyme
- Fresh ginger
- Fresh cilantro/coriander
- Fresh basil
- Fresh mint
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## Protein

- Whole Chicken
- Steak
- White Fish - Tilapia/Cod, etc
- Ground beef/beef mince
- Ground pork/pork mince
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## Pantry

- Salt and Black Pepper
- Olive oil + Oil for frying
- Chicken seasoning
- Soy sauce
- Flour
- Cornstarch
- Honey
- Rice vinegar
- Noodles
- Beef stock
- Short pasta
- Thai red curry paste
- Coconut milk
- Brown sugar
- Fish sauce
- Coconut milk
- Panko breadcrumbs

## Bakery

- Burger buns
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## Dairy

- Butter
- Heavy/whipping cream
- Gruyere cheese
- Cheddar cheese
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## Pantry Continued

- Garlic powder
- Dried oregano
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## Other

- Eggs
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