

grocery list

PRODUCE

- ☐ Onion
- ☐ Carrots
- ☐ Celery Stalks
- ☐ Whole garlic
- ☐ Fresh thyme

☐☐☐☐☐☐☐☐☐☐☐☐

PANTRY

- ☐ Salt and black pepper
- ☐ Olive oil
- ☐ Garlic powder
- ☐ Onion powder

☐ Smoked paprika☐ Dried oregano☐ Chilli flakes☐ Bay leaves☐ Crushed tomatoes☐ Tomato paste☐ Flour☐ Beef stock☐ Lasagna sheets☐☐☐☐☐☐☐☐☐☐

PROTEIN

☐ 8lb/4kg Ground Beef/Beef Mince☐☐☐☐☐☐☐☐

BAKERY

- ☐ White bread

☐☐☐☐

DAIRY

☐ Heavy/whipping cream☐ Milk☐ Mozzarella cheese☐ Parmesan cheese☐ Butter

FROZEN

☐☐☐☐☐

OTHER

☐☐☐☐