

grocery list

Produce

- Fresh garlic
- Onion + Red onion
- Lemons
- Red and Yellow Bell Pepper
- Jalapeños
- Fresh cilantro/coriander
- Cherry tomatoes
- Fresh basil
- Carrots
- Celery
- Fresh sage
- Fresh parsley
-
-
-
-
-

Protein

- Boneless chicken breasts
- Boneless white fish
- Steak of your choice
-
-
-
-
-
-
-
-
-
-
-
-

Pantry

- Salt and Black Pepper
- Olive oil
- Paprika
- Garlic powder
- Dried oregano
- Rice
- Black Beans
- Taco seasoning
- Long and short pasta
- Chicken stock
- Flour
- Beef stock
- Dijon mustard
-
-
-
-

Bakery

-
-
-
-
-

Dairy

- Butter
- Heavy/whipping cream
- Parmesan Cheese
- Greek yogurt
- Milk

Pantry Continued

-
-
-
-
-

Other

- Frozen Corn
-
-
-