

# grocery list

## PRODUCE

- Fresh lemons
- Garlic
- Onion
- Baby spinach
- Fresh basil
- Zucchini
- Fresh parsley
- Fresh thyme
- Fresh cilantro/coriander
- Fresh ginger
- Fresh rosemary
- Fresh dill
- 
- 
- 
- 
- 

## PROTEIN

- Boneless chicken thighs
- Ground beef/beef mince
- Ground pork/pork mince
- Salmon fillets
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 

## PANTRY

- Olive oil
- Salt and black pepper
- Garlic powder
- Smoked paprika
- Dried oregano
- Sundried tomatoes
- Orzo
- Arborio Rice
- Vegetable stock
- Chopped tomatoes
- Beef stock
- Pasta of your choice
- Small tortillas
- Tomato paste
- 
- 
- 

## BAKERY

- White bread
- 
- 
- 
- 

## DAIRY

- Cheddar cheese
- Butter
- Heavy/whipping cream
- Parmesan Cheese
- 

## PANTRY

- 
- 
- 
- 
- 

## OTHER

- White wine
- Toppings for tacos: Sour cream (crema), guacamole, lettuce, pico de Gallo
- 
-