grocery list

PRODUCE

- [ ] Fresh lemons
- [ ] Onions
- [ ] Fresh garlic
- [ ] Fresh ginger
- [ ] Zucchini
- [ ] Asparagus
- [ ] Fresh thyme
- [ ] Fresh basil
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PANTRY

- [ ] Olive oil
- [ ] Salt
- [ ] Pepper
- [ ] Smoked paprika
- [ ] Dried oregano
- [ ] Taco seasoning
- [ ] Garlic powder
- [ ] Chilli flakes
- [ ] Jasmine/basmati rice
- [ ] Chicken stock
- [ ] Spaghetti
- [ ] Beef stock
- [ ] Dijon mustard
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PROTEIN

- [ ] Bone-in chicken thighs
- [ ] White fish (hake/cod)
- [ ] Boneless chicken breasts
- [ ] Steak of your choice
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BAKERY

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DAIRY

- [ ] Parmesan cheese
- [ ] Heavy/whipping cream
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FROZEN

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OTHER

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